

Anquet Maps 2018 www.anquet.com (Bottom Left - Top Right)-(440175 143118-443085 145158) Map printed at 1:10,000
Route: Route 0007, Start Point: 442522 143965, End Point: 442522 143965, Flat Length: 5.83 Kilometres, Hidden Length: 5.84 Kilometres, Max Height: 99.56 Metres, Min Height: 53.03 Metres, Height Ascended: 83.45 Metres, Height Descended: 83.44 Metres, Estimated time: 1 hrs, 18 mins, Est Time: 5.0 Km/hr, 600 m ascent adds 1h

